



Morpheus8 (Radio Frequency Microneedling) Pre and Post-Procedure Instructions

MORPHEUS8 PRE-PROCEDURE

- Arrive with clean skin, i.e., no lotions, creams, make-up, etc.
- Topical and/or local anesthetics should be applied by provider 30-45min prior to procedure.
- The patient should urinate before the procedure if treating the female genital area.
- Anti HSV viral prophylaxis is recommended for patients with history of Herpes Simplex.

MORPHEUS8 POST-PROCEDURE

- Healing ointment (Aquaphor or Alastin Nectar) will be applied to treatment area.
- Patient should avoid very hot water and mechanical contact for 2-7 days after the treatment.
- Tiny scabs may appear 1-3 days after treatment. The scabs should not be touched or scratched and allowed to flake off naturally.
- After each treatment session, the patient should be advised to contact the provider if there is any indication of infection, excessive swelling, redness, pain, or any other unusual or untoward symptom.

Treatment Schedule

- 1-3 sessions with individual variations